

PLAYFIT Kids Club

GROUP FITNESS SCHEDULE

January 9 - February 17+, 2012

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
10:00 AM		Instructors, Trainers, Meeting Organizers: Need rental space for instructing a class, meeting, group? Call us for availability!			Salsa Tots Georgina 9:45-10:30 PON/KT	Zumba or DrumFIT for birthday parties! Please call for details! (special program)		
			PilatesFIT Andrea 10:15 - 11:00 PON or A		Salsa Babies Georgina 10:45-11:30 PON/KT			
11:00 AM					Salsa: 8 weeks Jan 9 - Mar 2			
12:00 PM			ZumbaFIT Stefanie 11:30 - 12:30 PON or A			Legend	Price	
		OH Baby Fitness				Class Age Grouping	per class price + tax (Drop In or Registered Rate)	
		Fit Babies: 1 - 2pm				Post Natal	PON \$15 or \$12	
4:00 PM		Monkeynastix				Adult	A \$15 or \$12	
5:00 PM	Monday hours: 10 - 5pm	4:15 - 4:45 1 & 2 yrs 4:50 - 5:20 3 & 4 yrs				Partner rate (2 ppl)	PON or A \$20 or \$15	
						DrumFIT	F or A \$5 or \$4 p/person	
6:00 PM		CircuitFIT-TRX Andrea 5:30 - 6:15 A adult / teen (15+)	Fit Bellies OH Baby Fitness TBD pre-natal	CircuitFIT-TRX Andrea 5:30 - 6:15 A adult / teen (15+)		Studio Rental Fee	\$30+ pls call for details	
					DrumFIT™ Family Marion 6:30 - 7:15 F or A 3 yrs+ adult	Special Program	Please call for pricing	
7:00 PM						Childminding*	\$5+tx per class	
							Most classes require pre-registration Please call ahead to confirm availability *childcare & play included in fee for PLAYFIT classes. *Salsa, Monkeynastix, OhBaby c/p avail. discount\$ pricing Each session is 6-weeks unless otherwise noted Monkeynastix 12-weeks \$145+tx Zumba or DrumFIT demos available for playgroups, schools, camps, & other group outings by appt. Please call for info	

* Pre-registration required for childcare. www.playfitkids.com for class descriptions, rates, information. 519-623-KIDS, info@playfitkids.com